



Women's Swimming National Champions



2001



2002



2003



2004



2005



2006



2008

BULLDOGS
SWIMMING



Women's Swimming National Champions

INDIVIDUALS



Kate Aherne
2008, 2009, 2010



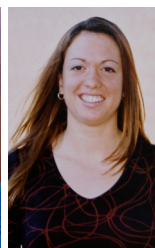
Diana Betsworth
2002, 2003



Bryna Busch
1999



Kelli Dudley
2000, 2003



Liz Hug
2002, 2003



Lija Kaleps-Clark
2004



Jess Martin
2001



Molly Polette
2007



Bridget Riley
2000

Kate Aherne	200 IM	2008, 2009, 2010	Lija Kaleps-Clark	200 Back	2004
Diana Betsworth	500 Free	2003	Jess Martin	1000 Free	2001
	1000 Free	2002		200 Free	2001
	200 Free	2002		500 Free	2001
Bryna Busch	1650 Free	2002		1650 Free	2001
Kelli Dudley	100 Free	1999	Molly Polette	500 Free	2007
	400 IM	2003	Bridget Riley	500 Free	2000
Liz Hug	200 Back	2003, 2000			
	200 IM	2003, 2002			
	1000 Free	2003			
	500 Free	2002			

RELAYS

200 Medley Relay

2006	Emily Greenwood, Brigit Brunsman, Laura Harp, Whitney Jensen
2004	Krista Pray, Michaela Osborn, Meredith Rocha, Diana Betsworth
2003	Krista Pray, Michaela Osborn, Christina Blose, Sarah Hatcher
2002	Krista Pray, Michael Osborn, Christina Blose, Sarah Hatcher

400 Medley Relay

2004	Diana Betsworth, Emily Pufall, Whitney Jensen, Sarah Dance
2003	Kelli Dudley, Michaela Osborn, Liz Hug, Sarah Hatcher
2002	Kelli Dudley, Michaela Osborn, Liz Hug, Sarah Hatcher

200 Free Relay

2001	Sarah Hatcher, Jess Martin, Katie May, Bryna Busch
2000	Liz Hug, Sarah Hatcher, Jen Malone, Bryna Busch

400 Free Relay

2005	Diana Betsworth, Emily Pufall, Whitney Jensen, Sarah Dance
2003	Liz Hug, Sarah Hatcher, Diana Betsworth, Sarah Dance
2002	Liz Hug, Sarah Hatcher, Sarah Dance, Diana Betsworth

800 Free Relay

2008	Kate Aherne, Kendra Brunkow, Molly Polette, Emily Pufall
2006	Jacqui Dempsey, Whitney Wodstrchill, Lija Kaleps-Clark, Molly Polette
2005	Sarah Dance, Whitney Jensen, Molly Polette, Diana Betsworth
2004	Diana Betsworth, Meredith Rocha, Katie May, Sarah Dance
2003	Liz Hug, Katie May, Sarah Dance, Diana Betsworth
2002	Liz Hug, Bridget Riley, Sarah Dance, Diana Betsworth
2001	Liz Hug, Andrea Newton, Jess Martin, Katie May
2000	Jess Martin, Andrea Newton, Bridget Riley, Bryna Busch



Women's Swimming All-Americans

Name	AA	HM	RAA	Total	Name	AA	HM	RAA	Total
Diana Betsworth	16	0	13	29	Claire Myers	2	4	0	6
Sarah Dance	16	0	12	28	Jill Myers	0	2	4	6
Liz Hug	15	1	12	28	Meredith Rocha	2	2	2	6
Kate Aherne	14	2	11	27	Natalie Galluzzo	2	2	1	5
Bryna Busch	11	3	13	27	Anna Grinter	4	1	0	5
Katie May	14	2	8	24	Bridgit Brunsman	0	2	2	4
Sara Hatcher	8	0	14	22	Jenny Dobratz	1	2	1	4
Andrea Newton	7	7	8	22	Aimee Gregor	0	4	0	4
Kelli Dudley	16	0	5	21	Bethany Jost	0	2	2	4
Jessica Martin	10	4	7	21	Alison Strickler	0	0	4	4
Molly Polette	13	2	6	21	Jen Vogt	0	3	1	4
Emily Pufall	2	7	12	21	Taylor Birsá	0	2	1	3
Whitney Jensen	5	3	12	20	Sarah Dunn	1	2	0	3
Lija Kaleps-Clark	13	3	2	18	Ellen Frick	0	3	0	3
Michaela Osborn	8	1	9	18	Sherri Haas	0	3	0	3
Whitney Wodstrich	12	3	3	18	Abby Hempen	1	0	2	3
Erica Anderson	2	11	4	17	Beth Lojewski	0	2	1	3
Emily Greenwood	7	1	9	17	Hannah Nicks	0	2	1	3
Bridget Riley	11	3	3	17	Catherine Sonnichsen	0	0	3	3
Sonya Burgers	5	10	0	15	Emily Chadwick	1	1	0	2
Kendra Brunkow	3	8	3	14	Beth Eyanson	0	1	1	2
Katie Funk	5	8	0	13	Carolyn Hepburn	0	2	0	2
Jennifer Malone	0	5	8	13	Jessica Jenkot	0	0	2	2
Krista Pray	4	5	4	13	Margaux Kent	0	1	1	2
Laura Harp	1	5	6	12	Robyn Mestemacher	0	1	1	2
Evryn Spencer	5	2	5	12	Stephanie Myers	1	1	0	2
Brittany Anderson	2	7	2	11	Carina Pautz	0	1	1	2
Nikki Sisson	4	1	6	11	Amanda Shearer	1	1	0	2
Katie Weyforth	5	5	0	10	Stacey Wymer	0	2	0	2
Christie Williamsen	0	7	3	10	Emma Barnett	0	0	1	1
Casey Jepsen	2	4	3	9	Kortney Betz	0	0	1	1
Tanya Sylvester	2	5	2	9	Lori Cline	0	1	0	1
Katie Welsh	5	4	0	9	Katheryn Fasching	0	1	0	1
Julia Jones	4	4	0	8	Gina Fettig	0	1	0	1
Lindsay Vaughn	4	4	0	8	Brynn Guardado	0	0	1	1
Sarah Wells	4	4	0	8	Susan Hanisch	0	1	0	1
Angie Ridnour	3	3	2	8	Holly Kea	0	0	1	1
Emily Buss	1	5	1	7	Katie Kresl	0	1	0	1
Jacqui Dempsey	1	3	3	7	Amanda Lybarger	0	0	1	1
Jamie Fitzpatrick	0	2	5	7	Kathleen Moyer	0	1	0	1
Jessica Lemaster	2	5	0	7	Jasmine Roghair	0	0	1	1
Lindsay McReynolds	2	5	0	7	Sue Ellen Thomas	0	1	0	1
Alison Blyth	2	5	0	7	Krista Tippin	0	0	1	1
Mary Blandford	2	3	1	6	Kristi Van Oost	0	0	1	1
Emily Blose	0	2	4	6	Lori Walrath	0	1	0	1



Since the program's inception in 1952, the College Sports Information Directors Association (CoSIDA) has bestowed Academic All-America honors on more than 14,000 student athletes covering all divisions and NCAA championship sports.

To be eligible for Academic All-District consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative GPA of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her school's sports information office.

Women's Swimmers earning Academic All-America honors:

1996	Amanda Lybarger (2T)	2005	Sarah Dance (1T)
1997	Amanda Lybarger (2T)	2006	Brittany Anderson (1T)
2002	Bridget Riley (1T)	2006	Lija Kaleps-Clark (2T)
2002	Liz Hug (3T)	2007	Brittany Anderson (1T)
2003	Kelli Dudley (1T)	2007	Lija Kaleps-Clark (1T)
2003	Sarah Dance (1T)	2009	Kate Aherne (1T)
2003	Liz Hug (2T)	2009	Tanya Sylvester (3T)
2004	Diana Betsworth (1T)	2010	Kate Aherne (1T)
2004	Sarah Dance (1T)	2010	Tanya Sylvester (2T)
2005	Diana Betsworth (1T)	2011	Tanya Sylvester (1T)



Women's Swimming Bulldog Greats

Mary Blandford - Truman Athletics Hall of

Blandford was the first Truman women's swimmers to be inducted into the Athletics Hall of Fame. Blandford was a three-time national qualifier for the Bulldogs, earning trips to the national meet in 1994, 1995 and 1996.

As a freshman, Blandford broke four school records. She set a new mark in the 100 freestyle event with a time of 54.48 only to break the mark again two years later with a time of 53.12. She also set a new mark in the 200 free with a time of 1:58.79 that had stood for eight years. Blandford would break the 200 free mark each year finishing

with a time of 1:54.09.

The 200 would be the event that Blandford would help put Truman women's swimming on the map. As a junior, she would finish sixth in the nation, which at the time was the highest finish for any Bulldog women's swimmer, to earn all-American honors. In addition to the 200, Blandford finished 19th in the 100 free and 12th in both the 500 free and the 1,650 free.

In her senior year, Blandford moved up to fourth in the nation in the 200 free to repeat as an All-American. She also finished 11th in the 100 free and 13th in the 1,650 free as the Bulldogs won the Midwest Conference Championship and finished 15th in the nation.

When Blandford graduated from Truman, she left her name in the record book in seven locations. In addition to the 100 and 200 free events, Blandford held the 500 Free with a time of 5:06.86 and was a member of four relay team records, the 200 and 400 Medley teams, and the 200, 400, and 800 freestyle relay squads.



Sarah Dance Named Top VIII By NCAA



Former Bulldog standout swimmer Sarah Dance was named a recipient of the NCAA Top VIII award that was presented at the NCAA Honors Celebration on Saturday, Jan. 7, 2006 at the annual convention in Indianapolis, Ind.

Dance has been one of the most accomplished swimmers in Truman history, garnering 28 all-American awards and a member of seven national championship freestyle relay teams. She has been a key member of a Bulldog women's swimming team that has won the last five NCAA Division II National titles.

Her academic record while at Truman could be considered equally impressive as her pool accomplishments. Dance was a recipient of the NCAA Walter Byers Postgraduate scholarship,

the only female student-athlete in the NCAA to receive the award. She was also named the 2005 ESPN The Magazine's Academic All-American of the Year as well as a four-time MIAA Presidential

Scholar and College Swimming Coaches Association of America academic choice. She had a perfect grade-point average in Exercise Science with a minor in Biology.

The Top VIII award has been given annually since 1973 when it started out at the Top V award. The NCAA added a recipient in 1986 and again in 1995. The honor is bestowed to the top senior student-athletes from the previous academic year regardless of division and sport. The Honors Committee is composed of eight athletics administrators at member institutions and nationally distinguished citizens who are former student-athletes. Among the committee members are Cedric Dempsey, president emeritus of the NCAA and Calvin Hill, a consultant to the NFL's Dallas Cowboys.

Dance is the daughter of Lynn and Midge Dance and is a native of Lincoln, Neb.





Women's Swimming Bulldog Greats

Jess Martin Earns Honda Award



Following national balloting among NCAA member schools, freestyler Jess Martin (Buckingham, Iowa/Cedar Falls, Iowa) was named the winner of the 2001 Honda Award as the NCAA Division II Collegiate Woman Athlete of the Year. Martin helped lead the Truman State University Bulldogs to the 2001 NCAA Division II Swimming and Diving Championship that March by winning four individual events and contributing to two championship relay teams.

It was Truman's first national team title as Martin, a senior, finished first at the NCAA Division II championships in the 200-, 500-, 1,000- and 1,650-yard freestyles. Her time of 9:55.86 in the 1,000 free set the NCAA Division II records as she finished more than a lap ahead of her nearest competitor.

Martin also set school records in the 500

(4:52.72) and mile (16:45.01).

Additionally, Martin was part of Truman's record-breaking and championship 200- (1:34.17) and 800-yard (7:31.03) freestyle relay teams. She swam the second leg of the winning 200- and second-place 400-yard freestyle relay teams, and anchored the title-winning 800-yard free relay squad. Martin was named the NCAA Division II Women's Swimmer of the Year by the College Swimming Coaches Association of America, completing her career as a national champion in a total of seven events.

Martin received the award at the Annual Collegiate Woman Athlete of the Year Banquet, at Salt Lake City, Utah, site of the 2001 National Association of Collegiate Directors of Athletics convention.

